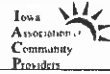


Elderly Waiver Services

June 2014

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What we will cover

- What are Elderly Waiver services
- What are NOT Elderly Waiver services
- Scope of Service – What the rules say
- Service Plan – Goals/objectives
- Documentation



Elderly Waiver

Provides service funding and individualized supports to maintain eligible members in their own homes or communities who would otherwise require care in a medical institution. Provision of these services must be cost effective.



Elderly Waiver is not: 0

- ✓ Supervision or protective oversight
- ✓ Indirect services such as meetings, documentation or collateral contacts
- ✓ Does not include vocational services
- ✓ It does not focus on the acquisition of skills associated with living, learning and working.



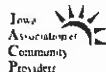
Elderly Waiver Eligibility (IAC 441-83.22(1))

- ✓ Sixty-five years of age or older
- ✓ A resident of the state of Iowa
- ✓ Eligible for Medicaid
- ✓ Certified as being in need of the intermediate or skilled level of care based on Level of Care Certification for HCBS Waiver Program.
- ✓ Determined to need services
- ✓ NOT provided when a person is inpatient in a medical institution



Scope of Service: (IAC 441-78.37(1-17))

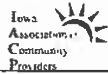
- Services assist or support the member in maintaining life skills and community integration.
- The Scope of Service depends on the provider providing the service.



Scope of Service: (IAC 441-78.37)

78.37(1) Adult day care services:

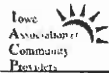
- Organized program of supportive care
- Group environment
- Components include health-related care, social services, and other related support services.
- units of service are: 15 minutes, a half day, a full day, or an extended day



Scope of Service: (IAC 441-78.37)

78.37(3) Home health aide services:

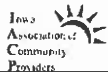
- Individual direct care services
- Prevent or postpone institutionalization
- Components of the service include: activities of daily living, medication administration, and observation of physical and emotional needs
- A unit of service is a visit.



Scope of Service: (IAC 441-78.37)

78.37(4) Homemaker services:


- Provided in member's home
- The member lives alone or when usual caretaker needs assistance
- Components of the service are related to the care of the member and include the following: a. Essential shopping, b. Limited housecleaning, and c. Meal preparation
- A unit of service is 15 minutes.



Scope of Service: (IAC 441-78.37)

78.37(5) Nursing care services:


- Services provided in the home
- Ordered by and included in a physician's treatment plan.
- Necessary to the treatment of an illness or injury.
- A unit of service is one visit.

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Scope of Service: (IAC 441-78.37)

78.37(11) Transportation:


- Conduct business errands and essential shopping
- Access to medical services when not reimbursed through non-emergency medical transportation
- Reduce social isolation.
- Unit of service is one mile of transportation or one one-way trip

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Scope of Service: (IAC 441-78.37)

78.37(14) Senior companion:

- Nonmedical care supervision, oversight, and respite.
- May assist with meal preparation, laundry, shopping and light housekeeping tasks
- Cannot provide nursing or medical care
- A unit of service is 15 minutes.

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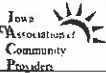
Scope of Service: (IAC 441-78.37)

- 78.37(2) Personal emergency response or portable locator system.
- 78.37(6) Respite care services.
- 78.37(7) Chore services.
- 78.37(8) Home-delivered meals.
- 78.37(9) Home and vehicle modification.
- 78.37(10) Mental health outreach.
- 78.37(12) Nutritional counseling.
- 78.37(13) Assistive devices.
- 78.37(16) Consumer choices option.
- 78.37(17) Case management services
- 78.37(18) Assisted Living On-call Services



Scope of Service: (IAC 441-78.37)

- 78.37(2) Personal emergency response or portable locator system.**
- An electronic device that transmits a signal to a central monitoring station to summon assistance in the event of an emergency. stationary or portable
 - The necessary components of a system are
 - 1 An in-home medical communications transceiver
 - 2 A remote, portable activator
 - 3 A central monitoring station with backup systems staffed by trained attendants
 4. Current data files at the central monitoring station containing response protocols and personal, medical, and emergency information for each member
 - A unit of service is a one-time installation fee or one month of service
 - Maximum units per state fiscal year shall be the initial installation and 12 months of service.
 - The member must be unable to access assistance in an emergency situation due to the member's age or disability



Scope of Service: (IAC 441-78.37)

- 78.37(6) Respite care services.**
- Provided to the member that give temporary relief to the usual caregiver and provide all the necessary care that the usual caregiver provide during that period
 - Are not to be provided to members during the hours in which the usual caregiver is employed
 - Cannot be provided to a member whose usual caregiver is a consumer-directed attendant care provider for the member
 - A maximum of 14 consecutive days of 24-hour respite care may be reimbursed.
 - Shall not be provided simultaneously with other residential, nursing, or home health aide services provided through the medical assistance program



Scope of Service: (IAC 441-78.37)

78.37(7) Chore services.

- Assistance with the household maintenance activities necessary to allow a member to remain in the member's own home safely and independently.
- Chore services are limited to the following services:
 - Window and door maintenance
 - Minor repairs to walls, floors, stairs, railings and handles
 - Heavy cleaning
 - Lawn mowing and removal of snow
- Landscaping is not a covered service.
- A unit of service is 15 minutes.



Scope of Service: (IAC 441-78.37)

78.37(8) Home-delivered meals:

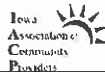
- Meals prepared elsewhere and delivered to a member at the member's residence.
- Minimum of one-third of the daily recommended dietary allowance
- May be a liquid supplement which meets the minimum one-third standard.
- Restaurant provided meals: the member is required to have a nutritional consultation. Includes contact with the restaurant to explain the dietary needs of the member and what constitutes the minimum one-third daily dietary allowance.
- A maximum of two meals is allowed per day. A unit of service is a meal.



Scope of Service: (IAC 441-78.37)

78.37(9) Home and vehicle modification:

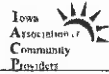
- Physical modifications to the member's home or vehicle that directly address the member's medical or remedial need.
- Must be necessary to provide for the health, welfare, or safety of the member and enable the member to function with greater independence in the home or vehicle.
- Modifications expected to increase the fair market value of the home or vehicle, purchasing or leasing of a motorized vehicle is and Home and vehicle repairs are excluded.
- A unit of service is the completion of needed modifications or adaptations and require department approval. Payment is made to the modification provider.



Scope of Service: (IAC 441-78.37)

78.37(10) Mental health outreach.

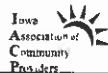
- Provided in a recipient's home to identify, evaluate, and provide treatment and psychosocial support.
- Can only be provided on the basis of a referral from the consumer's interdisciplinary team
- A unit of service is 15 minutes.



Scope of Service: (IAC 441-78.37)

78.37(12) Nutritional counseling:

- Provided for a nutritional problem or condition of such a degree of severity that nutritional counseling beyond that normally expected as part of the standard medical management is warranted.
- A unit of service is 15 minutes.



Scope of Service: (IAC 441-78.37)

78.37(13) Assistive devices:

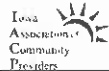
- Practical equipment that assists persons with activities of daily living to allow the person more independence.
- A unit is an item.
- The service shall be included in the member's service plan
- The service shall be provided following prior approval by the Iowa Medicaid enterprise
- Payment for most items shall be based on a fee schedule.



Scope of Service: (IAC 441-78.37)

78.37(16) Consumer choices option.

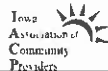
- Provides a member with a flexible monthly individual budget that is based on the member's service needs.
- The member shall have the authority to purchase goods and services to meet the member's assessed needs and may choose to employ providers of services and supports
- Services, supports, and items purchased must be directly related to a member's assessed need or goal established in the member's service plan
- Components of this service are set forth in 78.36(16)



Scope of Service: (IAC 441-78.37)

78.37(17) Case management services:

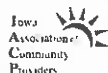
- Assist Medicaid members in gaining access to needed appropriate services in order to ensure the health, safety, and welfare of the member.
- Is required for use of Elderly waiver services.
- Shall not include the provision of direct services.
- Payment for case management shall not be made until the consumer is enrolled in the waiver.
- Payment shall be made only for case management services performed on behalf of the consumer during a month when the consumer is enrolled.



Scope of Service: (IAC 441-78.37)

78.37(18) Assisted living on-call service:

- Provides staff on-call 24 hours per day to meet a member's scheduled, unscheduled, and unpredictable needs
- Goal is to promote maximum dignity and independence and provide safety and security.
- A unit of service is one day.
- To determine units of service provided, the provider will use census information based on member bed status each day.

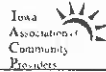


Scope of Service: CDAC

(IAC 441-78.37(15))

78.37(15) Consumer-directed attendant care service:

- Help a member with self-care tasks
- Services are skilled or non-skilled
- Covered service activities must be essential to the health, safety, and welfare of the member
- Provided by an individual, agency or assisted living facility
- A unit of service is 15 minutes



Scope of Service: CDAC Skilled

(IAC 441-78.37(15)g)

- Provided under the supervision of licensed nurse or therapist under the direction of a physician.
- Services include:
 - Tube feedings,
 - catheters and colostomy care,
 - intravenous therapy and injections,
 - tracheotomy and ventilator care,
 - rehabilitation services,
 - memory care,
 - postsurgical nursing care,
 - medication administration requiring close supervision because of fluctuating physical or psychological conditions,



Scope of Service: CDAC Non-skilled

(IAC 441-78.37(15)f)

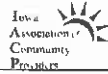
- Does not required licensed or supervision by licensed staff to provide the service
- Services include:
 - Dressing, bathing, hygiene, grooming, and toileting
 - Transferring, ambulation, and mobility assistance,
 - Meal preparation and assistance with feeding,
 - Housekeeping, laundry, and shopping,
 - Taking medications ordinarily self-administered (470-3372)
 - Providing attendant care during transportation essential to the health and welfare of the member,
 - Minor wound care,
 - Financial management and task scheduling
 - Workplace assistance



Scope of Service: CDAC Exclusions

(IAC 441-78.37(15)g)

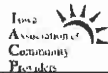
- Supervision of a member
- Any activity that the member is able to perform.
- Costs of food, transportation and the supervision of skilled services
- Exercise that does not require skilled services
- Parenting or child care
- Reminders and cueing.
- Services provided simultaneously with any other similar service regardless of funding source.



Services

(IAC 441-83.22(2))

- Authorized in the person's services plan
- Based on member's assessed needs, what is available, and the specific health and safety issues (risk assessment).
- Must be the least costly to meet the needs of the member
- Maximum monthly costs based on Level of Care:
Skilled: \$2,765 Nursing: \$1,339



Service Plan

(IAC 441-83.22(2)(k))

- Observable or measurable individual goals
- Interventions and supports
- Incremental action steps, as appropriate.
- Who is responsible for carrying out the interventions or supports.
- The desired individual outcomes.
- Description of any restrictions on the members rights
- A plan for emergencies

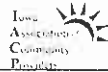


Service Planning & CDAC (IAC 441.79 57(159a))

Consumer-Directed Attendant Care Agreement

- Is the joint responsibility of the member, provider and case manager
- Describes each service component and frequency
- Completed and provided to Case Management
- Apart of the service plan
- Kept in member's records (provider and case management)
- Services not listed are not payable

Assisted Living Occupancy Agreements

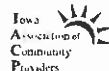


Goals/Objectives

Maintenance Goals are allowable.

"I will continue to live at Regency Asst Living and continue my diabetic treatments through 7/14."

Must be Individualized and measurable.

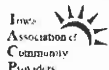


Goals/Objectives

Objectives identify the use of home care and medical services etc. and define barriers to use.

"I will complete my weekly dialysis treatments at MGMC through 7/14."

"Joe's barriers to managing his dialysis includes lack of transportation, his inability to safely ambulate while using community transportation and in community settings and difficulty scheduling transportation."

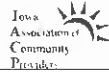


Restrictions

Description of the restriction:

- What is the restriction
- Why is it needed
- A plan to restore (if able)

"Joe is restricted from riding the bus alone due to his weakened condition and difficulty with ambulating. Joe has had several falls on the bus. Once Joe's treatments are complete, the restriction may be lifted by his doctor."



Action Steps

Defines how to execute the objective.

1. I will schedule, with the help of Regency staff, my weekly transportation for my dialysis appointments through 7/14.
2. I will ride the HIRTA bus weekly, with staff assistance with ambulation, through 7/14.
3. I will complete my weekly dialysis appointments with assistance of the Regency staff."



Documentation

- Specific location, date, times of service
- Staff providing services
- Specific intervention
- Any supplies dispensed
- Member progress in response to staff intervention.
- Justify the time billed



Questions

Can we take a senior to a restaurant for a meal and bill it?

Can I bill for transportation during CDAC services?