

Day Habilitation Services

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Presenters: Gayla Harken

Lisa Schwanke

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What we will cover

- What are Day Hab services
- What are NOT Day Hab services
- Scope of Service – What the rules say
- Service Plan – Goals/objectives
- Documentation

Day Habilitation is: (Informational Letter 1217)

- Delivered in accordance with an approved service plan which specifically identifies the skills, training and assistance to be provided, and the amount and frequency with which it will be provided
- Coordinated with any needed therapies in the ICP, such as PT, OT or Speech therapy.
- The provision of regularly scheduled activities in a non-residential setting.
- Face to face skill development training and supports; such as assistance with the acquisition, retention or improvement of self-help, socialization and adaptive skills that enhance activities of daily living, social development and community participation.

Day Habilitation is: (Informational Letter 1217)

- An organized program of activities designed to foster the acquisition of skills, building of positive social behavior and interpersonal competence, greater independence and personal choice.
- Designed and delivered in a manner that is individualized and focused on enabling the member to attain or maintain his or her maximum potential.
- Provided and documented in accordance with 441 IAC Chapters 77, 78 and 79.

Day Habilitation is not: (Informational Letter 1217)

- Supervision or protective oversight.
- Indirect services such as meetings, documentation or collateral contacts.
- Payment for services that are vocational in nature (I.e., for the primary purpose of producing goods or performing services)
- Payment for services that duplicate services which are provided by the Department of Education.

Scope of Service: (IAC 441-78.41(14)a)

- Day habilitation services are services that assist or support the consumer in developing or maintaining life skills and community integration.

Scope of Service: ID (IAC 441-78.41(14)a)

- Services must enable or enhance the member's:
 - intellectual functioning,
 - physical and emotional health and development,
 - language and communication development,
 - cognitive functioning,
 - socialization and community integration,
 - functional skill development,
 - behavior management,
 - responsibility and self-direction,
 - daily living activities,
 - self-advocacy skills,
 - or mobility.

Scope of Service: Habilitation

IAC (441-78.27(8)a)

- Services must enable or enhance the member's:
 - intellectual functioning,
 - physical and emotional health and development,
 - language and communication development,
 - cognitive functioning,
 - socialization and community integration,
 - functional skill development,
 - behavior management,
 - responsibility and self-direction,
 - daily living activities,
 - self-advocacy skills,
 - or mobility.

Services

- All services must be authorized in the person's services plan. It is good if the service plan includes a statement that encompasses all the reasons the member needs Day Habilitation:
 - Carter wants to participate in Day Habilitation services to maintain his intellectual functioning, physical and emotional health, . . . As the services listed in the scope of service pertain to the person and the Day Habilitation curriculum.

Goal

- David will participate in Your Dayhab Agency's Day Habilitation program for 15 hours per week to learn to apply the skill of appropriately responding to feelings of anger through December 31, 2014.
- I don't want to get arrested or kicked out when people say things that piss me off.

Objective

- I will engage in Men's Group 5 days per week and participate in activities that address emotional management by August 31, 2014.

Action Steps

- You will spell out exactly how staff will execute each objective. You need to be sure to include how this will be done, by whom, and how frequently.

Documentation

- Needs to focus on the goal/objective of each person and how the activity was used to develop or maintain a life skill.

Documentation

- David was in class from 9am to 9:45 am. , David began to ask his first question to the group and was laughed at by another member. David jumped up from his seat and flipped the table over. Staff spoke to David in a soothing voice, reminding him of the steps that he had learned for responding appropriately to anger, and David stopped throwing chairs and appeared to calm down...

Goal

- Carter wants to maintain his relationships with peers by engaging in activities with them.
- Carter wants to maintain a healthy weight by learning about nutrition and exercising regularly.

Objective

- Carter will display appropriate boundaries (maintains personal space and greets people using a hand shake or personal greeting only) while participating in social activities with peers, 4 out of 5 days a week for 6 consecutive weeks.
- Carter will exercise for 15 consecutive minutes each day that he participates in day hab, for 6 consecutive weeks.
- Carter will identify 3 healthy snacks including the portion size for each snack, by 7-31-2014

Documentation

- Carter arrived at 8:30. He participated in group exercise until 9:00, staff reminded him of his goal of exercising for 15 minutes without stopping and set his timer for 15 minutes. After 5 minutes he stopped, staff encouraged him to keep going, but he sat down on his chair, staff again encouraged him and reset his timer, he began exercising and staff encouraged him to keep going until his timer went off, he was able to, staff gave him a high 5 when the timer dinged, Carter said, I did it.

Documentation

- Carter participated in nutrition class from 9: until 9:45. Staff asked the group what were some healthy foods. Carter did not respond. Staff asked Carter if he could tell them a healthy snack, Carter said he liked Little Debbie's for snack. Staff reviewed with Carter and the group several healthy snack option and the serving size. Carter stated he didn't like any of those and was going to eat little debbie's for snack.

Documentation

- Remember documentation needs to:
 - Be specific to the member
 - Include the goals and objectives
 - Justify the time billed.

Questions

