



I-START Mission

Improving the lives of persons with intellectual and developmental disabilities, their families, and caregivers by providing crisis response, training, consultation, and outreach to teams and systems.

Individuals Served

Currently supporting	86
Individuals supported in FY 2018	83
Individuals supported to-date	152

Demographics

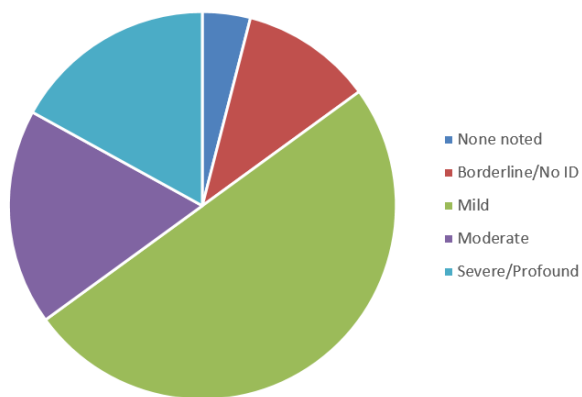
Gender

- 55% Male
- 45% Female

Age

- Age range: 17 - 63 years
- Average age: 32.5 years

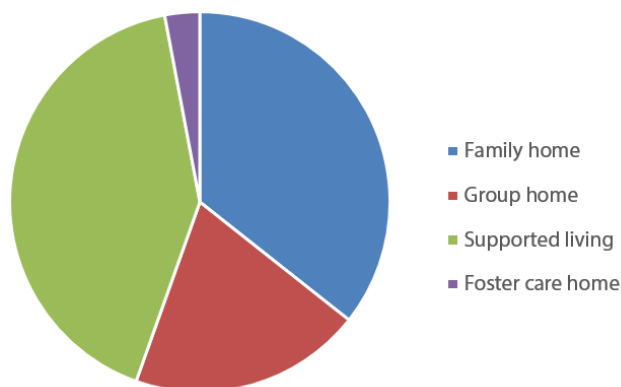
Level of Intellectual Disability



Funding Source

- I/DD Waiver 69%
- Medicaid 27%
- None 3%
- Private Insurance 1%

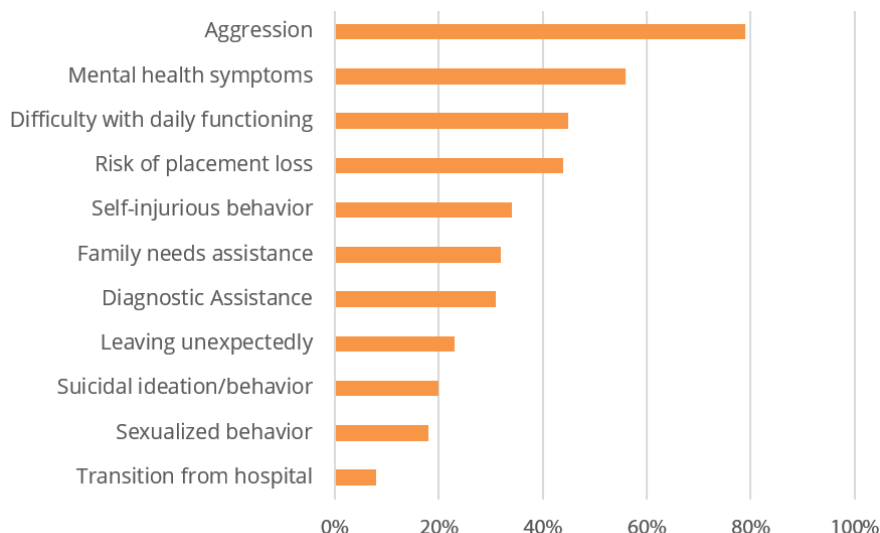
Living Situation



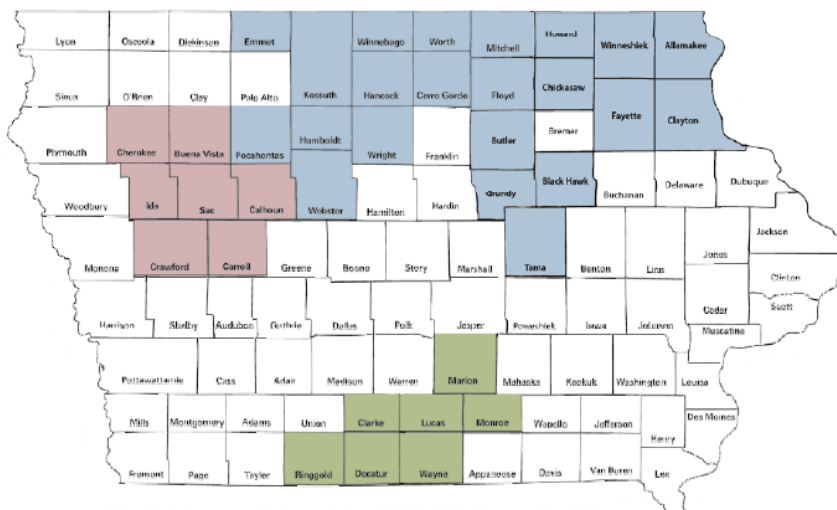
Source of Referral to START

Case Manager	52%
Residential/Day Provider	36%
Hospital/ID Center	5%
Other (family, law enforcement, schools)	7%

Most Common Reasons for Enrollment



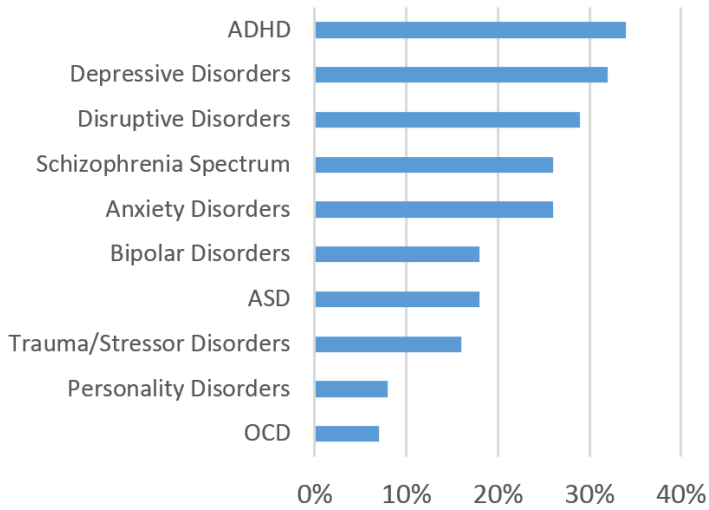
I-START Serves the Following Counties



Psychiatric Diagnosis

88% of individuals reported a psychiatric diagnosis

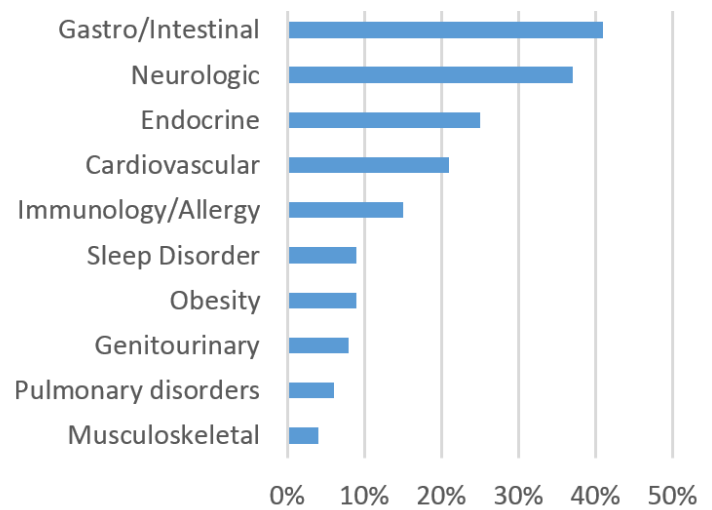
Most Common Mental Health Conditions (%)



Medical Diagnosis

69% of individuals reported a medical diagnosis

Most Common Medical Conditions (%)



Crisis Intervention Outcomes

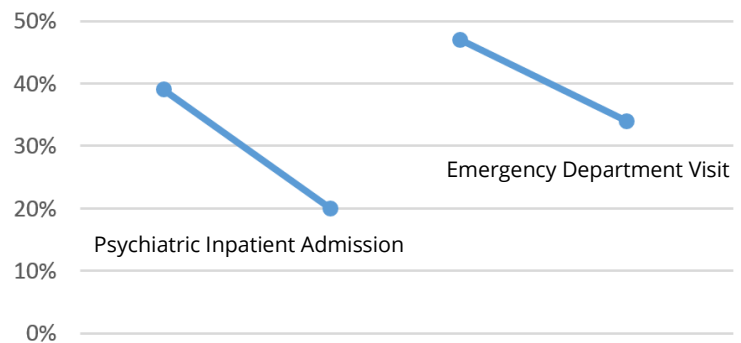
One major goal of a START program is to reduce emergency service utilization for the individuals we support. The chart below shows the percentage of individuals currently active in I-START with a history of psychiatric hospital admissions or ED use pre- and post- START enrollment.

Number of individuals with a contact	31
Total number of crisis contacts	237

Disposition/Outcome of Crisis Intervention

Maintain Setting	85%
Crisis Stabilization	7%
Other (incarcerated, referral to other)	4%
Psychiatric Hospital Admission	2%
Emergency Department	2%

Emergency Service Usage Pre- and Post- START Enrollment

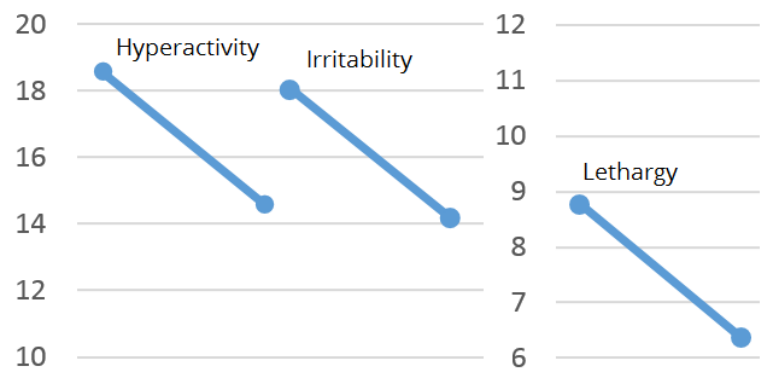


Behavioral Health Outcomes

Another major goal is to reduce the frequency and intensity of behavioral health issues that can lead to crisis.

Research shows that hyperactivity, irritability and lethargy are closely correlated with mental health conditions and emergency service use. Over time, statistically significant improvements in these subscales can be seen in individuals enrolled in I-START.

ABC Subscales at Enrollment vs Follow-up



The Aberrant Behavior Checklist (Aman, Burrow, Wolford, 1997) is a 58-item psychopathology rating tool that has been widely used in the assessment of people with intellectual disabilities.