

Mental Health Therapist
Part-time

Job Description

This is a part – time position concentrating on mental health counseling/therapy with emphasis on prevention, relations, and maintenance of emotions. Work with individuals, families, and groups to promote optimum mental health for the client. Therapist may help The Mental Health Therapist may have a caseload of Children’s Mental Health Waiver clients and BHIS Service Program clients, and Shelter youth. Therapist will provide services to clients referred to them with mental health concerns, such as, individuals dealing with family concerns, parent perceptions, and sibling problems; suicide; stress management; problems with self-esteem; and issues associated with maturation and mental and emotional health, such as, anger management, oppositional defiance, depression, anxiety, and any other childhood disorders. Their caseload will be derived from direct contact with YSC clients, possibly with outside referral sources. The Therapist will be responsible for managing their own client schedule so as to allow adequate time for staff consultation, as needed.

Skills Required

- Knowledge of counseling theory, techniques, and processes focusing on adolescents and family;
- Knowledge of principles of youth and adolescent development; knowledge of substance abuse prevention, education, and treatment; Knowledge of family counseling and dynamics; knowledge of principles and practices of Juvenile Justice System;
- Knowledge of laws and legal ramifications of laws dealing with children's rights; confidentiality;
- Knowledge of crime prevention and child safety.
- Experience in diagnostic and assessment, using current standard DSM-IV-TR criteria.
- Ability to evaluate and diagnose personal, emotional, and community needs of youth; ability to write and implement an ongoing treatment plan and assess progress.
- Ability to maintain control of self in crisis and adverse conditions.
- Ability to relate to others as a part of an interdisciplinary treatment team.
- Ability to successfully “team” with other professionals is essential.
- May teach clinical skills and techniques to all levels of staff in an in-service setting.
- Possess the creativity and flexibility to meet the changing needs of the clients and referral sources that we serve.
- Ability to assess the needs of the community; ability to establish open and effective working relationships with youth, parents, teachers, the

Department of Human Services, Juvenile Court Services, funders, Judges, and others.

- Must be capable of working with little direct supervision and of maintaining flexible working hours.
- Ability in facilitating youth programming, group interaction, and management.
- Displays high standards of ethical conduct, exhibits honesty and integrity, and refrains from theft-related, dishonest or unethical behavior.
- Works and communicates with internal and external clients and customers to meet their needs in a polite, courteous, and cooperative manner.
- Committed to quality service.
- Displays a high level of initiative, effort and commitment towards completing assignments efficiently.
- Works with minimal supervision, demonstrates responsible behavior and attention to detail.
- Ability to accept feedback for personal and professional growth.
- Acts to align one's behavior with the needs, priorities and goals of the agency.
- Encourages and facilitates cooperation, pride, trust, and group identity.
- Fosters commitment and team spirit.
- Expresses information to individuals or groups effectively, taking into account the audience and nature of the information.
- Listens to others and responds appropriately.

Education and Experience Requirements:

A Master's degree in Mental Health Counseling, Marriage and Family Counseling, Social Work or related field. As well as, respected licensure, e.g., LISW, LMHC, or LMFT is required, with 1 year of experience is preferred. Experience in the areas of individual, family, and group counseling, resource development, public speaking, working with youth, and LPHA's is desirable.

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